5 in 1 Fitness Starter Kit

USER'S GUIDE

for Wii Fit™

dreamGEAR®

www.dreamgear.net

PACKAGE CONTENTS:

- NeoSleeve
- Mini Massager
- Yoga Mat
- Yoga Mat Sling
- Fitness Socks
- User's Guide/Warranty Card
- Registration Card

FOR TECHNICAL SUPPORT
PLEASE CONTACT: 1-877-999-DREAM
or support@dreamgear.net

USING THE NEOSLEEVE:

1. Place the NeoSleeve upside down on any flat surface.
2. Place the Wii Balance Board upside down directly on top of the NeoSleeve, aligning the power button hole with the power button on the Wii Balance Board.
3. One at a time, gently stretch each corner of the NeoSleeve over its corresponding balance sensor on the bottom of the Wii Balance Board. Be careful not to rip the NeoSleeve.
4. Carefully smooth out any wrinkles by pulling gently on the outer seam of each corner.

USING THE MINI MASSAGER:

1. Remove the battery cover on the top of the Mini Massager by pushing down on the top and turning in a counter-clockwise direction.
2. Insert 3 "AAA" batteries (sold seperately).
3. Replace the battery cover and turn clockwise to lock.
4. Massaging action is activated automatically when pressure is applied to the top of the Mini Massager.

USING THE YOGA MAT:

1. Unroll the Yoga Mat and place it on any flat surface.
2. For Wii Fit workouts, you may place your Wii Balance Board on top of the Yoga Mat.

USING THE YOGA MAT SLING:

1. Roll up the Yoga Mat tightly.
2. Wrap the elastic loops around each end of the rolled mat.